



Playing Out





Physical activity

Skills & learning

Community & belonging

Friendship

...& FUN!!!

North Street/Raleigh Rd



20

PIL

Playo

1018



WELCOME
TO
KING GEORGE V
PLAY AREA

PLAY
here



“82% of adults played out in the street or neighbourhood as children, compared to only 12% of children today” (Playday Survey 2013).



“Three-quarters of UK children spend less time outside than prison inmates”

(Persil poll 2016)

Only 17.5% of children
aged 5-16

are getting the minimum

recommended 60 minutes per
day

of physical activity.



theguardian

Childhood obesity 'an exploding nightmare', says health expert

BBC

Children in England 'among unhappiest in world'

The Telegraph

Modern life has made British children weaker

Mirror

Generation Stress: Scandal of our depressed kids as thousands of under-10s are treated for mental health problems









**ROAD
CLOSED**







Bristol City Council
Application for Temporary Play Street Order
(Town & Police Clauses Act 1847)

Important ☐ please read carefully!

1. Please use this form only if you wish to apply for a temporary Play Street road closure Order. This Order will permit you to close a road for the purpose of childrens play at no more than weekly intervals and for a 12 month period from the Order start date. If you are not sure that these are the correct forms for your event please contact Highway Network Management on (0117) 9036857. (This application process is currently a trial running from Sep 2011 until Sep 2012.)
2. **We must receive your application at least 6 weeks before the date of the first event otherwise we will not be able to process it. To avoid disappointment please hand deliver or send your application by recorded delivery as lost or late applications are your responsibility and will not be processed.**
3. Please make sure you give all the information requested on the form. **To prevent delay you must enclose the following with your application:**
 - i) a street plan of your event (see section 2)
 - ii) a copy of your resident consultation letter (see section 4)
4. Bristol City Council cannot guarantee that an Order will be made, and any Order made under this application will be revoked if any of these conditions are not met:
 - i) you must pay to the council the full costs of any damage to the highway or street furniture or other loss or damage suffered by it and of any claims made

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The streets belong to us

Two Bristol mothers have decided it's time to reclaim the streets for children to play in, just as they used to. And even the council agrees... **Giulia Rhodes reports**

For over 40 years, the streets in the east of Bristol have been a place where children play. The girls and boys who follow and kick, dribble and scoot their way up the street have been a constant presence in the lives of the people who live there. The streets belong to us, the mothers of Bristol thought. They thought it was time to reclaim the streets for children to play in, just as they used to. And even the council agrees...

one Breakfast

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Traffic stops play or play stops traffic?

DURATION: 03:18

Local communities are being encouraged to apply for permission to close some residential roads on a regular basis to allow children to play safely in the street.

The successful spread of street parties this summer is being held up as an example of how closing roads helps people to meet their neighbours and children to become healthier and more sociable.

John Maguire reports from one road where playing out has become part of normal life.

Available since yesterday

2 Share [Facebook] [Twitter] [YouTube]



Playing Out



Want to get children playing out on your street?

We can help!
ask us how.

www.playingout.net

activate street play in your neighbourhood!



14



Play streets: Impact

Within Play streets' unstructured activities there are opportunities for young children to improve their thinking processes, whether that be interpreting, reasoning or thinking strategically.

- University of La Trobe (2020)

"Play streets have improved my child's social integration, feeling part of the community and confidence with starting school."

- Play street resident Northumberland

Post-lockdown play streets have positively impacted children's:



- Playing Out survey (2021)

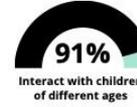
Children's health



Physical activity on play streets is equivalent to 14 additional weekly PE lessons each school term

Hackney Play Association (2015)

Play streets allow children to:



- Playing Out survey (2021)

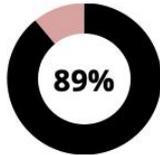
Children are **THREE to FIVE TIMES more active** during a play street than they would be on a 'normal' day after school.

- University of Bristol, (2017)

Play Streets supports the development of physical literacy in children holistically, with a particular strength in developing psychological and social capabilities

- University of La Trobe (2020)

Stronger Communities



people felt that they 'belonged more to their neighbourhood' through play streets.

- Playing Out survey (2021)

"I feel less isolation as a single parent"

- play street resident



89%

Know more people on their street as a result of play streets

- Playing Out Survey (2021)

"[play streets have provided] a connected and supportive community of families and friends for our children. Kids learning more each about others differences and building respect for one another."

- play street resident Bristol

"I feel like an important and trusted person in my community."

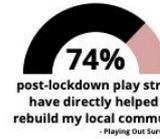
- play street steward, North Tyneside

"Playing out has really helped bridge the generation gap."

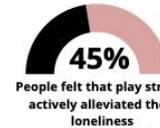
- play street organiser

"my children know who lives in almost every house on our street and I know that in a crisis they would have so many people they could go to"

- play street resident North Tyneside



- Playing Out Survey (2021)



- Stenning (2020)

Culture Change

83%

81%

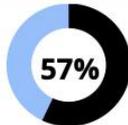
87%

"My street feels like a safer, friendlier place to live."

- Stenning (2020)
- Playing Out Surveys (2017 & 2021)

The play street movement itself also works as representation, demonstrating an alternative vision of what streets are for.

- Griffin (2015)



Play streets have changed how I feel my road could be used

- Playing Out Survey (2021)

"[Play streets] Reaffirmed the importance of outdoor play for children."

- Play street organiser Reading

"The children have more sense of living on a street and seeing it as part of their identity"

- play street organiser, St Albans

"Our elderly neighbour came out - the first time out of their house in years"

- play street resident

Being involved with play streets has led residents to:

- campaign for local zebra crossings
- create parklets on their street
- change their own driver behaviour
- campaign for local 20 mph zones

- Playing Out Survey (2021)

- Play street steward North Tyneside

Active Travel



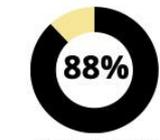
- Playing Out survey (2021)

"[Play streets] changes the character of our street and helps people to think of it as more than a space to get from a to b."

- Play street organiser Bristol

The play street provided an open space [...] ideal to experiment with active travel

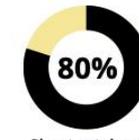
- MSc researcher University of Amsterdam



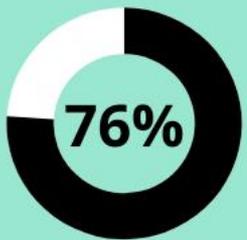
- British Cycling Survey (2019)

"My boy has been practising cycling during our playing out sessions. He's now independently cycling."

- Play street steward Bristol



- Playing Out survey (2017)



Post-lockdown play streets have positively impacted children's physical health

- Playing Out survey (2021)

Children are **THREE to FIVE TIMES** more active during a play street than they would be on a 'normal' day after school.

-University of Bristol, (2015)

[Play streets] are a huge and important opportunity to be outdoors, provide freedom to our kids, and socialise with our fantastic community.

-Play street organiser
Bristol



Physical activity on play streets is equivalent to 14 additional weekly PE lessons each school term

Hackney Play Association (2015)







ROAD
CLOSED


Playing Out

Wills Drive
19-40









Playing Out